

## Caught-In or –Between Lesson Review:

Caught-in or –Between hazards cause crushing injuries when a person is squeezed, caught, crushed, pinched, or compressed between two or more objects. This may include:

- Being crushed in equipment
- Being crushed between mashing objects or a moving and stationary object
- Being crushed between two or more moving objects.

Examples of caught-in or –between hazards are:

- Cave-ins during trenching
- Clothing caught in equipment
- Crushed between a semi-trailer and a wall

The following working conditions may contribute to caught-in or –between hazards:

- Unguarded moving parts
- Unprotected excavations
- Heavy equipment tipping over
- Collapsing walls
- Working between moving and stationary objects

Heavy equipment may tip over and crush a worker. Clothing or body parts may become caught in machinery with unguarded moving parts, or machinery which is not de-energized or locked out.

Buried-in or -by hazards can occur in trenches and during excavations. Cave-ins can suffocate or crush workers, and scaffolds can collapse and bury workers.

Pinned-in or –by hazards can occur when a worker becomes pinned between a solid object and another piece of equipment, causing broken bones and/or suffocation. This may include being caught between the wall and a piece of equipment, between stacked materials and another solid object, or by shoring and construction material in a trench.

Protect yourself from caught-in or –between hazards by:

- Maintaining awareness of and distance between equipment around you
- Never getting between movable materials and immovable structures
- Ensuring loads are stable, secure
- Wearing seatbelts at all times